

# **Y.A.C. Leadership Program**

## **9-Month Program Syllabus**

### **Program Overview**

The Young Achievers in Christ (Y.A.C.) leadership program helps young people grow in their faith while learning important life skills. Each session is 90 minutes long and meets once per week. NOTE: This document serves as an example and guide for creative modification. The program facilitator, teacher, and director may use this example as is, however, working creatively to modify and engage your unique group will enhance and maximize this program experience. Enjoy the journey!

### **Program Details**

When: Weekly, 90-minute sessions

Duration: 9 months (36 weeks)

### **Age Groups:**

- ★ Little Seeds (Pre-K)
- ★ Mighty Sprouts (5-7 years)
- ★ Growing Branches (8-11 years)
- ★ Strong Roots (12-14 years)
- ★ Faithful Leaders (15-18 years)

### **Monthly Themes** *(9 months):*

- September: Peace & Getting Started
- October: God's Glory & Provision
- November: New Beginnings
- December: Celebration & Completion
- January: Prayer & Fasting
- February: Faith in Action
- March: Victory
- April: Miracles
- May: Healing & Growth

### **Weekly Session Structure:**

1. Welcome & Prayer (10 minutes)
  - Opening prayer
  - A-Z God affirmation for the day
  - Super Power Up/Clarion Call Scripture

2. Bible Time (20 minutes)

- Clarion Call Devotional Scripture Group Review
- Story reading from "Who is God?" or "Miracles in Exodus"
- Age-group activities:
  - Little Seeds: Coloring pages/Illustrative Decree
  - Mighty Sprouts: Fill-in-the-blanks/Illustrative Decree
  - Growing Branches: Multiple choice questions/Illustrative Decree
  - Strong Roots: Group discussion/Illustrative Decree
  - Faithful Leaders: Lesson/Illustrative Decree/Help teach younger groups

3. Creative Time (20 minutes)

- Choose one activity (*Examples*):
  - Drawing/coloring
  - Arts and crafts/Recipes
  - Writing in journals
  - Making vision boards
  - My A.C.E. Decree Creative Sparks projects

4. Learn & Grow [**Integrate with Technology**] (20 minutes)

- By age group (*Examples*):
  - Little Seeds: ABC's and 123's (*use musical notes from physical or virtual keyboard*)
  - Mighty Sprouts: Fun Facts Q & A verses
  - Growing Branches: Goal setting (Goal Tracker)
  - Strong Roots: Leadership skills (Power Up)
  - Faithful Leaders: My A.C.E. Decree Multi-Year Devotional. Journal. Planner. activities

5. Fun Activity (15 minutes)

- Rotate between (*Examples*):
  - Bible scavenger hunts
  - Memory verse games (*Team/individual competition w/rotating participants each week*)
  - Praise songs, dances
  - Outreach projects
  - Activity Challenges

6. Wrap-Up (5 minutes)

- Prayer circle
- Review what we learned
- Preview next week

**Program Monthly Themed Activity (EXAMPLE Ideas):**

1. Month 1: Access to Our Heavenly Father & Getting Started (**GOD'S PEACE**)
  - ❖ Introduction to Y.A.C.
  - ❖ Overview of My A.C.E. Decree Curriculum: Setting up My A.C.E. Decree daily journal activity (*parents may assist with younger children*)
  - ❖ Making My A.C.E. Decree: God's Divine Order Vision Boards
  - ❖ Learning Biblical Affirmations
  
2. Month 2: God's Love & Might (**GOD'S GLORY**)
  - ❖ Who is God?
  - ❖ Clarion Call Scripture expounding; Bible scriptures about God's love
  - ❖ My Basic Needs/Thank You Lord activity
  - ❖ Making Thank You cards
  
3. Month 3: Prayer Power/Creatives (**NEW BEGINNINGS**)
  - ❖ Learning The Lord's Prayer
  - ❖ My A.C.E. Decree Prayer Circle activities
  - ❖ My A.C.E. Decree Answered Prayer activities
  - ❖ Making prayer cards
  
4. Month 4: Bible Heroes/Dominion (**COMPLETION**)
  - ❖ Miracles in the Book of Exodus (God)
  - ❖ Creative Expression/Group Talk: Hero character traits (Moses)
  - ❖ Skit: Acting out Miracles in the Book of Exodus Bible story
  - ❖ Making hero puppets
  
5. Month 5: Serving Others/Peacemakers (**PRAYER & FASTING**)
  - ❖ World Map: Mission projects (The Great Commission)
  - ❖ My A.C.E. Decree Activity Challenge
  - ❖ Intercessory Prayer
  - ❖ Local community service: Making gifts for others
  
6. Month 6: God's Promises/Righteousness (**FAITH IN ACTION**)
  - ❖ Clarion Call Scripture expounding; Super Power Up scripture group talk
  - ❖ Memory verses
  - ❖ Promise book making
  - ❖ Scripture art
  
7. Month 7: Faith in Action (**VICTORY**)
  - ❖ Clarion Call Scripture expounding; Super Power Up scripture group talk

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Peer Led Facilitation Sample Syllabus Example*

- ❖ Goal setting: My A.C.E. Decree Goal Tracker
- ❖ Daily To-Do Lists: Fill in the box
- ❖ Trust exercises: Team building with My A.C.E. Decree Contacts

8. Month 8: Praise & Worship (**MIRACLES**)

- ❖ Learning new songs: My A.C.E. Decree Activity SONGS
- ❖ Making/playing instruments (students may bring a preferred instrument; Djembe Drum)
- ❖ Praise dance
- ❖ Worship art

9. Month 9: Celebration (**HEALING & GROWTH**)

- ❖ Review all themes and share testimonials
- ❖ Share testimonies on video (media waiver), and print (newsletter highlight)
- ❖ Present projects to class and guests
- ❖ Final celebration: Creative Sparks Event Planning

**MONTHS 10 (Sivan-Giving), 11 (Tammuz-Worship), and 12 (Av-Destiny) will offer partner-hosted community events for fellowship opportunities.**

**Monthly Checklist**

- Take attendance (Arrive 15 minutes early)
- Plan next month's activities in advance (Be organized and prepared)
- Report to adult leader (Be accountable and communicate often)

**Easy Teaching Tips**

1. Getting Ready

- Read the Bible story ahead of time
- Have materials ready
- Pray before class
- Arrive early

2. During Class

- Speak clearly
- Use simple words
- Show lots of love
- Be patient
- Ask for help when needed

3. Activities for Different Ages

*Young Achievers in Christ (Y.A.C.) Leadership Program  
Peer Led Facilitation Sample Syllabus Example*

- Little Seeds: Keep it simple and fun
- Mighty Sprouts: Use lots of movement
- Growing Branches: Add more challenges
- Strong Roots: Give leadership tasks
- Faithful Leaders: Let them help teach

**Materials Needed**

- Bibles
- My A.C.E. Decree Curriculum:  
*(Multi-Year Devotional. Journal. Planner; Activity Book for Kids, Journal for Kids)*
- For Technology Portion only:* Electronic Devices *(Desktop Computers /Laptops /Tablets)*
- Packaged Snacks (check for allergies) / Bottled water
- Colored paper
- Pencils/Pens/Crayons/Colored Pencils/Washable Markers
- Safety scissors
- Glue sticks
- Music player
- Name tags *(alternative: name tags can represent a month of the year)*
- Stickers and developmental appropriate incentives for rewards

**Remember**

- Keep it fun!
- Pray before teaching
- Everyone should feel included
- Share God's love
- Lead by example

**Emergency Contacts** *(PLEASE PRINT: Name, Phone #, Role i.e. Director or Teacher)*

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***Note to Student Leader:***

You're doing a great job!

Enjoy the journey and always remember to pray.

NOTE: Keep this guide with you during each session. If you're not sure about something, always ask an adult helper for guidance. Always have adult helpers (preferably a minimum of 2) present during group sessions.